

THE RADIANCE of a Woman in Alignment

An interview with Stacy Ison and Aleksandra Lilic

Why do you dedicate yourselves to working with women through your We.Radiance coaching programs?

Coming from different countries and careers, we've experienced and observed the pain we women were having, both professionally and personally, with struggle, doubt, nervousness, and hardness. We found our own way to harness our feminine power, and as natural intuitive coaches to our friends for years (even our birth charts were screaming this), we got professional training to help women go from overwhelm to ease, clarity, and joy — to achieve their goals and still feel the essence of feminine radiance. When we heal the feminine, we also heal the masculine, because they're inseparable polarities of the same whole.

You mentioned you're from different countries, how did you get together?

Aleks: I'm Serbian, born and raised in Yugoslavia during civil war and bombings. I was privileged to live in four different countries without changing my Belgrade address. After I finished physical chemistry studies, I moved to France to pursue my Ph.D. in Chemistry and later worked as a scientist in a lab. I later moved to California with my husband, while freelancing as a consultant and traveling around the U.S.

Stacy: My parents emigrated from Trinidad & Tobago to the U.S., and with the not-so-subtle encouragement from my tiger mom, I became a corporate attorney. Tired of the Washington, D.C. rat race, I moved to Southern Cal-



ifornia and met Aleks at a Serbian New Year party in Los Angeles. We then had weekly language lessons, where Aleks helped me with my broken Serbian, and as a former editor, I would edit letters for Aleks when she wanted to give someone a smackdown. Eventually, we realized that we both have a passion for uplifting women — and doing it together, with our complementary strengths, is way more fun and impactful for our clients and us.

How can women be uplifted, to be their most radiant?

First, realize that if you have a stronger, limiting belief holding you back, you won't be able to make that change. Sometimes we pick up these beliefs from our childhood, other timelines, or ancestors. It's always good to spend a little bit of time unearthing these beliefs and emotional baggage to

transform them into an energy that's useful for you in the present.

So many of these stories we tell ourselves correlate directly to a woman not being able to receive. We've fought, seen our mothers fight, and we've forgotten how to listen to our bodies, follow our intuition, and be soft. Our hardness has been the thing that often promotes success at work, but it's not necessarily what will cause a woman to truly shine on a holistic level. You are luminous when you learn to trust yourself and your decisions.

What are some of your favorite tools to get rid of limiting beliefs?

Aleks: I have found the most success with a breakthrough process that combines Mental and Emotional Release, Neuro-Linguistic Programming, hypnosis, and ho'oponopono to put our

conscious and unconscious minds in collaboration. We dive deep into your internal dialog to let go of limiting beliefs holding you back. Then your behavior shifts, and you identify new patterns of your success.

Stacy: I love teaching you how to get in touch with the messages your body is sending all the time — like meditation, breathwork, and energy testing. You will get to know whether you're in alignment with those beliefs and learn to trust yourself again. You were born with 100% trust in yourself, and you just have to swim through the mud to reach that place again. ■



We.Radiance



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We.Radiance offers personalized coaching programs helping women release anxiety, fear, and people-pleasing to reconnect with clarity, confidence, feminine radiance, and mind-body-spirit alignment through transformative healing tools and practices.

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